

# Poche Centre for Indigenous Health and Well-Being, Adelaide

## LIME (Leaders in Indigenous Medical Education) Network\*\*



Flinders  
UNIVERSITY

inspiring achievement



THE LIME NETWORK  
SLICE OF LIME SEMINARS



Australian Government



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### A.K.A. (ABORIGINAL KNOWLEDGE IN THE ACADEMY) SEMINAR SERIES

## NGARA ... DEEP LISTENING ... SEEING 'TWO WAYS'

***What can Indigenous knowledge, mindfulness and observational skills training bring to medical practice?***

A warm welcome to this seminar - whether in person or on-line – from The Poche Centre for Indigenous Health and Well-Being, Adelaide, and the LIME (Leaders in Indigenous Medical Education) Network - 'Slice of LIME' Series

As well as being video-linked to Flinders University sites in Darwin and Katherine in the Northern Territory, and Flinders Medical Centre in Adelaide, we're going out to a widely-distributed on-line audience via joint Flinders University/ LIME Network live-streaming. *If you're an on-line participant, please send in your questions and comments, once we're underway, through e-mail: [david.sjoberg@flinders.edu.au](mailto:david.sjoberg@flinders.edu.au).* The session is also being recorded and will be available for later viewing (from an hour after broadcast) via one of the two links listed on Page Six, below. *Please note: all times below are Central Australian Time – the seminar commences at 9:45am AEST*

## PROGRAMME

|                 |   |
|-----------------|---|
| 8:45am – 9:15am | REGISTRATION - TEA AND COFFEE ON ARRIVAL  |
| 9:15am          | <p>Prof. Dennis McDermott - <i>Introduces Kurna Elder Uncle Lewis O'Brien</i></p> <p>Uncle Lewis O'Brien - <i>Welcome to Country</i></p> <p>Dennis McDermott - <i>Background to Seminar and Overview of the Day</i></p> |
| 9:25a.m.        | SESSION ONE - DADIRRI (DEEP LISTENING) ... MINDFULNESS ... AND MORE   |
| 9:30am          | Aunty Miriam-Rose Ungunmerr-Baumann   |



- **Aunty Miriam-Rose Ungunmerr-Baumann (AO): Artist, Author, Community Leader and Teacher**

*Dadirri is inner, **deep listening** and quiet, still awareness. Dadirri recognises the deep spring that is inside us. We call on it and it calls to us. This is the gift that Australia is thirsting for. It is something like what you call 'contemplation'.*

*In our Aboriginal way, we learnt to listen from our earliest days. We could not live good and useful lives unless we listened. This was the normal way for us to learn - not by asking questions. We learnt by watching and listening, waiting and then acting."*

*My people are not threatened by silence.*

*Our Aboriginal culture has taught us to be still and to wait. We do not try to hurry things up. We let them follow their natural course - like the seasons.*

|        |           |
|--------|-----------|
| 9:50am | Questions |
|--------|-----------|

10:00am

Prof L.C. Chan



- **Professor L.C. Chan (LC), Co-Director, Medical Ethics and Humanities Unit, The Li Ka Shing Faculty of Medicine, Hong Kong; and Co-Director, Centre for the Humanities and Medicine, The University of Hong Kong**

*Biomedical research and cutting edge medical technology have dominated the medical curricula in many schools over the past few decades. This has resulted in illness being managed through biomedical perspectives, and with little understanding of how an individual or community's experience of illness is influenced by social and cultural factors. Medical practice, traditionally associated with humanistic care, is becoming more of a clinician scientist's trade.*

*To redress the imbalance and help develop humanistic care, the LKS Faculty of Medicine has pioneered a core **medical humanities** curriculum from 2012 starting with first year students which will span the entire 6 years of their curriculum. Whilst narrative medicine helps develop humanistic care through understanding of self and others and our interconnectedness, **mindfulness** training – a special feature of our program – maximizes the potential of delivery of such care by enabling health care professional to work in situations which are difficult and challenging, hence opening up opportunities to **turn towards** and work with instead of away from **dissonance**.*

10:20am

Questions

10:30am

MORNING TEA

10:55am

**SESSION TWO – SEEING ‘TWO WAYS’ (“OBSERVING IS MORE THAN LOOKING”) ... ART AND OBSERVATIONAL SKILLS TRAINING ... AND MORE**

11:00am

**Uncle Lewis Yerloburka O’Brien**



- **Kaurna Elder, Uncle Lewis Yerloburka O’Brien (a Flinders University Elder-on-Campus)**

*The most profound philosophy I learnt from our people is this idea of **seeing** the world differently – in **two ways**, or in **doublies** (as I like to call it) ... Westerners tend to split everything in life ... into dichotomies, which forces people to take sides ... Everything is left or right, black or white, guilty or not guilty – there is no in between.*

*I follow a philosophy ... that allows people to shift between multiple systems of thought, or to follow contradictory belief systems. Or to sit on both sides of the fence all at the same time.*

11:20am

**Questions**

11:30am

**Dr Heather Gaunt**



- **Dr Heather Gaunt, Curator of Academic Programs (Research) at The Ian Potter Museum of Art, The University of Melbourne**

*The art museum offers a unique environment which takes students out of their normal mindset, where art can be used as a 'visually foreign object' to teach students how to detect and describe fine visual detail, to extrapolate meaning and/or narrative, and communicate what they see effectively through discussion and debate.*

*I have a particular research interest in **medical humanities within the visual arts field**. In 2012 the Arts in Health Education project was initiated, using IPMoA collections to teach students in the Faculty of Dentistry, Medicine and Health Sciences visual observation skills and enriched empathetic attributes. The **skills of close observation**, the understanding of objective and subjective visual skill sets, and the ability to interpret emotional tenor has direct correlation to the professional skills these students must develop for clinical practice*

11:50am

Questions

12:00pm

SESSION THREE – RAPPORTEUR AND PRESENTER PANEL

Prof. Lambert Schuwirth



- **Rapporteur – Prof Lambert Schuwirth, Professor of Medical Education, Flinders University and Deputy-Editor ‘Medical Education’:** *A medical education perspective*

12:10pm

**Audience Questions to Presenter Panel:** *From the floor, video-linked sites and on-line*

Prof Dennis McDermott



- **Facilitated by Prof Dennis McDermott, Director, Poche Centre for Indigenous Health and Well-Being, Adelaide and National Senior Teaching Fellow, Office of Learning and Teaching (OLT)\***

*My mother was born in inner Sydney, on Gadigal land, which is part of the Eora nation. In the Eora language the word for ‘listen’, **Ngara**, also connotes that to listen is simultaneously to reflect. As a colleague has noted, in Indigenous understandings, **Ngara** implies more:*

*‘Listening requires something of you ... you need to complete the circle. **Hearing should lead to action**’*

12:45pm

CLOSE

## View Video-Recording Later On-Line

**Option 1:** You can view the recording and downloadable links via the LIME website - LIME Network 'Slice of LIME' Series - at

<http://www.limenetwork.net.au/content/slice-lime-seminars>

**OR**

**Option 2:** You can view the recording and downloadable links via the following link - at

<http://mtu.flinders.edu.au/events/Ngara...DeepListening...SeeingTwoWays.cfm>

*Please be aware this will only become available about an hour after the recording has finished.*

*\* Support for this Fellowship has been provided by the Australian Government Office for Learning and Teaching. The views expressed in this presentation do not necessarily reflect the views of the Australian Government Office for Learning and Teaching.*

*\*\* The LIME Network is a dynamic network dedicated to ensuring the quality and effectiveness of teaching and learning of Indigenous health in medical education, as well as best practice in the recruitment and graduation of Indigenous medical students. Sign up as a member via: [www.limenetwork.net.au](http://www.limenetwork.net.au).*