

# THELIMENETWORK Leaders in Indigenous Medical Education

# Evaluation

Specialist Medical Colleges Workshop; Series 2, Number 1: Race and Colonisation

Held online, across Australia and Aotearoa; Tuesday 5<sup>th</sup> Wednesday 6<sup>th</sup> March 2024; 3hrs per day

#### Background

The LIME Network has held workshops for attendees from Australian and New Zealand Specialist Medical Colleges since March 2019. They are generally held twice a year. Workshops are designed to support Specialist Medical Colleges to:

- Meet the Australian Medical Council (AMC) Accreditation **Standards** relating to Aboriginal, Torres Strait Islander and Māori health
- Increase the **capability** of trainees and Fellows to work more effectively with Aboriginal, Torres Strait Islander and Māori people
- Improve cultural safety within Colleges and the college training sector
- Improve Aboriginal, Torres Strait Islander and Māori trainee recruitment, retention and graduation.

Workshops are designed for

- Those responsible for **coordinating education** across the Specialist Medical Colleges
- Those responsible for development, implementation and review of Aboriginal, Torres Strait Islander and Māori health curriculum within Specialist Medical Colleges
- Those responsible for development and implementation of Aboriginal, Torres Strait Islander and Māori **recruitment**, **retention and graduation** initiatives within Specialist Medical Colleges.

Numbers are limited, and two delegates from each College are welcome to attend. There were six workshops in the first series. This first workshop in the second series focused on **race and colonisation in healthcare**. The presenters and facilitators were:

- Dr Talila Milroy, University of Western Australia, and LIME Network
- Associate Professor Andrea McKivett, University of Western Australia and LIME Network
- Associate Professor Lilon Bandler, LIME Network
- Assisted and supported by Dr Shayne Bellingham and Ms Shanel Cubillo of the LIME Network.

## Attendees

There were 23 participants who responded to the request for feedback and all of them completed it at the end of the second day of the workshop – when time was allowed to do it before the wrap-up. Everyone attended on both days. Twelve colleges had representatives at the workshop:

Australasian College of Emergency Medicine, Australasian College of Dermatologists, Australian and New Zealand College of Anaesthetists, College of Intensive Care Medicine of Australia and New Zealand, Royal Australasian College of Dental Surgeons, Royal Australian and New Zealand College of Ophthalmologists, Royal Australian and New Zealand College of Psychiatrists, Royal Australian and New Zealand College of Obstetricians and Gynaecologists, Royal Australasian College of Medical Administrators, Royal Australasian College of Physicians, Royal Australasian College of Surgeons, Royal College of Pathologists of Australasia.

Most respondents were based in Australia; two in Aotearoa and one worked across both nations. Workshop facilitators were particularly pleased to hear that the participants who identified as Indigenous all felt culturally very safe.

## Material used, workbook

All the participants found the pre-workshop material useful. Most participants found the workbook useful, though one thought there weren't many blank pages. Approximately half of the participants chose to print the workbook.

2 people found most of the material presented was new to them.



Material new to participants

All the participants felt that the material was presented clearly, and half thought it was extremely clear.

#### "College staff need places and spaces to talk share and hear from each other - this was brilliant."

All the participants agreed that the presenters were professional and engaging, and twothirds agreed strongly, and all the participants agreed that the material presented was appropriate. Participants varied in their appreciation of the different segments of the workshop. Many found the break-out rooms and the opportunity to discuss matters pertinent to the specialist medical colleges sector were particularly effective.

#### Previous workshop attendance, workshop format

Only three participants had previously attended a LIME Network workshop. Participants expressed a wide variety of reasons for attending:



Over 80% of participants felt the length of the workshop (3 hours on two consecutive days) was appropriate, though some others thought one day might be better.

Most participants would encourage others to attend a LIME workshop, with the proviso that it "depends on where they are in their journey". Most thought that the Colleges could consider paying a fee to attend a LIME Workshop - pointing out that they pay to go to workshops run by Australian Indigenous Doctors Association (AIDA) and Te Ohu Rata O Aotearoa (Te ORA).

"I have lots of ideas, but I need to think about where to start..."

Participants generally expressed appreciation for the opportunity to attend the workshop, which also brought with it the chance to share their experiences across their sector.

"I'll consider and discuss other ways of understanding how racism affects us."

#### Future

There were a broad variety of ideas provided by participants when asked about change, in their college. And participants had a wide selection of recommendations for future LIME workshops, including guest speakers, and tools specific to the needs of the SMCs.

"Keep doing what you're doing and having hard/difficult conversations that need to be had."

None of the participants felt the workshop was worse than their expectations. One participant noted their expectations were high, and the workshop met them.



"Thank you to the LIME team for bringing this group together and sharing your expertise."

"Well done on this workshop!"